

CURRICULUM VITAE

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Yung Jong Shiah received his PhD in psychology (2008) from the University of Edinburgh, UK. He is a professor at the Graduate Institution of Counseling Psychology and Rehabilitation Counseling at National Kaohsiung Normal University. He researches transforming Chinese cultural heritage, including Confucianism, Buddhism, and Taoism, in scientific theories, empirical studies, and clinical applications from both conventional and unconventional perspectives. He has published over 80 peer-reviewed articles and one professional book, *Foundations of Chinese Psychotherapies: Towards Self-Enlightenment* (2021, Springer International Publishing). He has been President of the Chinese Indigenous Social Science Association since 2022 and was Secretary-General of the Taiwan Guidance and Counseling Association from 2015 to 2016. He has served as the editor or guest editor of several Chinese and English academic journals. His publications can be seen at: https://www.researchgate.net/profile/Yung-Jong_Shiah

APPOINTMENT

2022.8 – Present: Emeritus Professor, Undergraduate Degree Program of Rift Valley
Interdisciplinary Shuyuan, Hui Lan College, National Dong Hwa University,
Taiwan

2016.3 – Present: Professor, Graduate Institute of Counseling Psychology and Rehabilitation
Counseling, National Kaohsiung Normal University, Taiwan

2022.10 – 2023.7: Director, Student Counseling Center, National Kaohsiung Normal
University, Taiwan

2013.2 – 2016.2: Associate Professor, Graduate Institute of Counseling Psychology and

Rehabilitation Counseling, National Kaohsiung Normal University, Taiwan
 2012.2 –2013.1: Assistant Professor, Graduate Institute of Counseling Psychology and Rehabilitation Counseling, National Kaohsiung Normal University, Taiwan
 2008.8 – 2012.1: Assistant Professor, Psychology Department, Kaohsiung Medical University, Taiwan
 1999.8 – 2008.7: University Lecturer, Center of General Education, Chien-Kuo Technology University, Taiwan (Leave of absence 2003 - 2008 to pursue doctorate)
 1997.9 – 1999.7: Counselor, Student Counseling Center, National Central University, Taiwan

AREAS OF EMPHASIS

My main current area of research is to transform and link Confucianism, Buddhism, and Taoism to science and social science in terms of nonself, meditation, self-cultivation, wisdom/beliefs and psychology via conventional and unconventional perspectives.

PROFESSIONAL EXPERIENCE

2022.5–9 **Visiting Scholar**, Cavendish Laboratory, University of Cambridge, UK
 2015.6–9 **Visiting Scholar**, Psychology Department, University of Arizona, USA
 2010.1–2 **Visiting Scholar**, Psychology Department, Goldsmiths College, London University, UK
 1999.8–2002.7 **University Lecturer of Centre of General Education and Director of Counselling Centre**, Chien-Kuo Institute of Technology, Taiwan
 Activities: Teaching full time at the Centre of General Education, supervising postgraduate students internship, participating in university and departmental committees, being awarded several grants by the Ministry of Education to host counselling programs, providing individual counselling and group counselling, planning and executing university counseling center programs
 2000.7–8 **Visiting Scholar**, Division of Psychology and Counseling, Governors State University, University Park, IL, USA
 Activities: Exchanging professional experience and academic issues
 1998.9–2000.6 **Lecturer (Part time), Department of Psychology**, Chung Yuan Christian University, Taiwan
 Activities: Teaching in the Department of Psychology and Educational Program for Secondary School Teachers
 1998.9–2000.6 **Lecturer (Part time), Department of Applied Psychology**, National Open University, Taiwan
 Activities: Teaching in the Department of Applied Psychology
 1997.9–1999.8 **Counselor**, Student Counseling Center, National Central University, Taiwan
 Activities: Supervising graduate students' internship, participating in university and departmental committees, being awarded several grants by the Ministry of Education to host counselling programs, providing individual counselling and group counselling, planning and executing university counselling center programs
 1997.7–1997.9 **Counselor/teacher (practice) (實習輔導教師)**, Student Counseling Center, National Tao-Yuan Agricultural & Industrial Vocational High School
 1994.9–1996.6 **TA in Statistics**, Department of Psychology, Chung Yuan Christian University, Taiwan.

ADDITIONAL PROFESSIONAL EXPERIENCE (Journal editor, specialist reviewer, specialist examiner)

Journal editors

- The Open Psychology Journal (Scopus) (Guest editor, 2020-2022)
Frontiers in Psychology, Special topic: We are not WEIRD: Chinese Culture and Psychology (SSCI, IF=4.232)(Guest editor, 2022-2024)
Chinese Journal of Guidance and Counseling (TSSCI)(Guest editor, 中華輔導與諮商學報特邀主編)(2020-2022)
Journal of Indigenous Counseling Psychology (Guest editor, 本土諮商心理學學刊)(2019-2021)
Frontiers in Psychology, Special topic: Eastern Philosophies and Psychology (SSCI, IF=4.232)(Guest editor, 2015-2017)
Indigenous Psychological Research in Chinese Societies (TSSCI)(Guest editor, 本土心理學研究特邀主編)(2015-2016)
Chinese Journal of Guidance and Counseling (TSSCI)(Guest editor and associate editor, 中華輔導與諮商學報特邀主編與副主編)(2017-2019)
Journal of Kaohsiung Behavioral Sciences (高雄行為科學學刊)(2010.4-2014.9)
Journal of Counseling and Guidance (諮商與輔導學報) (Acting editor, 2012.2- 2012.10)
Taiwan Counseling Psychology Quarterly (台灣諮商心理季刊特邀主編 Guest editor, 2014-2015)
Journal of Counseling Psychology and Rehabilitation Counseling (Acting editor, 諮商心理與復健諮商學報) (2012.10- Present)

PUBLICATIONS

Journals (*corresponding author)

(English Journals)

- Shiah, Y.-J. (2024). Editorial: We are not WEIRD: Chinese culture and psychology. *Frontiers in Psychology*, 15, 1-2. (SSCI)
Shiah, Y.-J. (2023). The nature of consciousness: Contentless Consciousness Theory. *World Futures*, 79(6), 616-634. (CiteScore (Scopus) : Q1 CiteScore Best Quartile)
Tressoldi, P., Álvarez, A. A., Facchin, N., Frullanti, M., Liberale, L., Saad, M., Shiah, Y.-J., & Testoni, I. (2023). Shared death experiences: A multicultural survey. *American Journal of Hospice and Palliative Medicine*, 40(1), 79-86. doi:10.1177/10499091221093270. (SCI).
Shiah, Y.-J.*, Shan, L., Radin, D., & Huang, G. T.-J*. (2022). Effects of intentionally treated water on the growth of mesenchymal stem cells: An exploratory study. *Explore-the Journal of Science and Healing*, 18(6), 663-669. doi: 10.1016/j.explore.2021.11.007.
Xu, J., Chang, N.-S., Hsu, Y.-F., & Shiah, Y.-J.* (2022). Comments on previous psychological Tai-Chi models: Jun-zi Self-Cultivation Model, *Frontiers in Psychology*, 1-7. doi: 10.3389/fpsyg.2022.871274 (SSCI)
Kuo, Y-F., Chang, Y-M., Li, M.-F., Wu, M.-L., & Shiah, Y.-J.* (2022). Death anxiety as

- mediator of relationship between renunciation of desire and mental health as predicted by Nonsself Theory. *Scientific Reports*, 12(10209), 1-10. doi: 10.1038/s41598-022-14527-w (SCI)
- Pan, T.-S., Chen, M.-Y., Chiang, S.-K., Tseng, C.-M., Liu, T.-H., Chang, Y.-M., & Shiah, Y.-J.* (2021). Survey of psychiatric impairment among residents exposed to environmental pollution from a petrochemical complex. *Psychiatry Research*, 301, 1-5. doi:10.1016/j.psychres.2021.113960(SSCI)
- Juang, H.-L., Chang, Y.-C. Y., Tseng, B.-L., Chang, C.-C., & Shiah, Y.-J.* (2021). Role of psychological acceptance between personality and happiness. *Current Psychology*, 40(3), 1048-1055. doi: 10.1007/s12144-018-0026-1 (SSCI)
- Shiah, Y.-J.*, Hsieh, H.-L., Chen, H.-J., & Radin, I. D. (2021). Effects of intentionally treated water and seeds on the growth of *Arabidopsis thaliana*. *EXPLORE: The Journal of Science & Healing*, 17(1), 55-59. doi:10.1016/j.explore.2020.04.006 (SCI)
- Lo, H.-W. A, Shieh, V., & Shiah, Y.-J. (2020). Reflections of the ethics on coexisting with disaster. *Bangladesh Journal of Bioethics*, 11(2), 10-17. doi:10.3329/bioethics.v11i2.49259
- Shiah, Y.-J. (2020). Cultural heritages and mental health: Towards the self nature and its implications for psychotherapy. *Journal of Psychiatry & Mental Disorders*, 5(1), 1-6.
- Shiah, Y.-J.*, & Hwang, K. K. (2019). Socialized reflexivity and self-exertion: Mandala Model of Self and its role in mental health. *Asian Journal of Social Psychology*, 22(1), 47-58. doi: 10.1111/ajsp.12344 (SSCI)
- Yen, H.-Y., Chen, P.-H., Ko Y.-C., Chiang, S.-K., Chang, Y. Y.-C., & Shiah, Y.-J.* (2018). Betel quid chewing, personality and mood: Betel quid chewing associated with low extraversion and negative mood. *Substance Use and Misuse*, 53(11), 1782-1787. doi: 1080/10826084.2018.1432652 (SSCI)
- Shiah, Y.-J.*, Hsieh, H.-L., Chen, H.-J., & Radin, I. D. (2017). Effects of intentionally treated water on growth of *Arabidopsis Thaliana* seeds with cryptochrome mutation. *EXPLORE: The Journal of Science & Healing*, 13(6), 371-378. doi: 10.1016/j.explore.2017.05.001 (SCI)
- Hwang, K. K., Shiah, Y.-J., & Yit, K.-T.* (2017). Eastern philosophies and psychology: Towards psychology of self-cultivation. *Frontiers in Psychology*, 8, 1083. doi: 10.3389/fpsyg.2017.01083 (SSCI)
- Chang, Y.-T. , Tam, W.-C. C.*, Shiah, Y.-J., & Chiang, S.-K. (2017). A pilot study on the Chinese Minnesota Multiphasic Personality Inventory-2 in detecting feigned mental disorders: Simulators classified by using the Structured Interview of Reported Symptoms. *PsyCh Journal*, 6, 175-184. doi:10.1002/pchj.169 (SSCI)
- Lee, Y.-H., Hsieh, Y.-J., Shiah, Y.-J., Lin, Y.-H., Chen, C.-Y., Tyan, Y.-C., GengQiu, J.-C., Hsu, C.-Y., & Chen, S. C.-J.* (2017). A cross-sectional evaluation of meditation experience on EEG data by artificial neural network and support vector machine classifiers. *Medicine*, 96(16), 1-11. doi: 10.1097/MD.00000000000006612 (SCI)
- Shiah, Y.-J.*, Chang, F., Chiang, S.-K., & Tam, W.-C. C. (2016). Religion and subjective well-being: Western and Eastern religious groups achieved subjective well-being in different ways. *Journal of Religion and Health*, 55(4), 1263-1269. doi: 10.1007/s10943-014-9905-4 (SSCI)
- Shiah, Y.-J. (2016). From self to nonsself: The Nonsself Theory. *Frontiers in Psychology*, 7, 1-12. doi: 10.3389/fpsyg.2016.00124 (SSCI)

- Lee, Y.-H., Shiah, Y.-J., Chen, S. C.-J., Wang, S.-F., Young, M.-S., Hsu, C.-H., Cheng, Q.-J. & Lin, C.-L.*. (2015). Improved emotional stability in experienced meditators with concentrative meditation based on electroencephalography and heart rate variability. *Journal of Alternative and Complementary Medicine*, 21(1), 31-39. doi:10.1089/acm.2013.0465 (SCI)
- Shiah, Y.-J.*, Chang, F., Chiang, S.-K., Lin I.-M., & Tam, W. -C. C. (2015). Religion and health: Anxiety, religiosity, meaning of life and mental health. *Journal of Religion and Health*, 54(1), 35-45. doi: 10.1007/s10943-013-9781-3 (SSCI)
- Lee, Y.-H., Chen, S. C.-J., Shiah, Y. -J., Wang, S.-F., Young, M.-S., Hsu, C.-H., Cheng, Q.-J. & Lin, C.-L.* (2014). Support-vector-machine-based meditation experience evaluation using EEG signals. *Journal of Medical and Biological Engineering*, 34(6), 589-597. doi:10.5405/jmbe.1776 (SCI)
- Chiang, S.-K.* , Hua, M.-S., Tam, W.-C. C., Chao, J.-K. & Shiah, Y.-J. (2014). Developing an alternative Chinese Version of the Interpersonal Reactivity Index for normal population and patients with schizophrenia in Taiwan. *Brain Impairment*, 15(2), 120-131. doi:10.1017/BrImp.2014.15 (SCI)
- Shiah, Y.-J.*, Wu, Y.-J., Chen, Y.-H., & Chiang, S.-K. (2014). Schizophrenia and the paranormal: More psi belief and superstition, and less déjà vu in medicated schizophrenic patients. *Comprehensive Psychiatry*, 55(3), 688-692. (SSCI)
- Shiah, Y. -J.*, & Radin, D. (2013). Metaphysics of the tea ceremony: A randomized trial investigating the roles of intention and belief on mood while drinking tea. *EXPLORE: The Journal of Science & Healing*, 9(6), 355-360. doi: 10.1016/j.explore.2013.08.005 (SCI)
- Shiah, Y.-J.*, Chang, F., Tam, W. -C. C., Chuang, S. -F. & Yeh, L.-C. (2013). I don't believe but I pray: Spirituality, instrumentality, or paranormal belief? *Journal of Applied Social Psychology*, 43(8), 1704-1716. doi: 10.1111/jasp.12125 (SSCI)
- Shiah, Y.-J.*, Huang, Y, Chang, F., Chang, C. -F., & Yeh, L. -C. (2013). School-based extracurricular activities, personality, self-concept and college career skills in Chinese society. *Educational Psychology*, 33(2), 135-154. doi: 10.1080/01443410.2012.747240 (SSCI)
- Shiah, Y.-J.* (2012). A possible mechanism for ESP at the initial perceptual stage. *Journal of Parapsychology*, 76(1), 147-159.
- Shiah, Y.-J.*, Chang, F., & Tam, W. -C. C. (2011). Recognition of tactile relief by children and adults. *Perceptual and Motor Skills*, 113(3), 727-738. doi: 10.2466/10.24.27.PMS.113.6. 727-738. (SSCI)
- Shiah, Y.-J.* (2011). A proposed process for experiencing visual images of targets during an ESP task. *Journal of Parapsychology*, 75(1), 129-143
- Shiah, Y.-J.*, Tam, W, -C. C., Wu, M, -H. & Chang, F. (2010). Paranormal beliefs and religiosity: Chinese version of the Revised Paranormal Belief Scale. *Psychological Reports*, 107(2), 367-382. doi: 10.2466/08.09.17.PR0.107.5.367-382. (SSCI)
- Shiah, Y.-J.* (2009). Can ESP be learned? A proposed ESP training model. *Journal of Society for Psychical Research*, 73.4(897), 231-243.
- Shiah, Y.-J.* (2008). The finger-reading effect with children: Two unsuccessful replications. *Journal of Parapsychology*, 72, 109-131.
- Shiah, Y.-J.* (2005). Towards a replication of the “finger- reading” effect. *Journal of Parapsychology*, 69(2), 353-375. (SSCI)

- Shiah, Y.-J.*, & Tam, W. -C. C. (2005). Do human fingers "see" ? "Finger-reading" studies in the East and West. *European Journal of Parapsychology*, 20(2), 117-134. (PsycINFO Journal)
- Tam, W. -C. C.*, Shiah, Y.-J., & Chiang, S.-K. (2003). Chinese version of the Separation-Individuation Inventory, *Psychological Reports*, 93, 291-299. (SSCI)

(Chinese Journals)

- 謝孟欣(Hsieh, M.-S.)、李育緣(Lee, Y.-Y.)、夏允中(Shiah, Y.-J.)* (2024).含攝文化智慧的意義建構治療歷程模式(Culture-Inclusive Meaning Making Psychotherapy)。 *Journal of Chinese Indigenous Social Science (中華本土社會科學期刊)* , 4 , 149-180。
- 夏允中(Shiah, Y.-J.) (2023)。儒家自性覺醒修養心理治療模式(Confucian Self-Enlightenment Psychotherapy)。 *Journal of Chinese Indigenous Social Science (中華本土社會科學期刊)* , 3 , 37-79。
- 李佳澤(Li, C.-T.)、劉彥君(Liou, Y.-C.)、夏允中(Shiah, Y.-J.)* (2023)。含攝華人關係主義婚姻衝突歷程與關係轉化模式(Chinese relationalism inclusive marital conflict process and relation-transformation model)。 *Journal of Indigenous Counseling Psychology(本土諮商心理學學刊)* , 14(2), 1-41。
- 夏允中(2023)。儒釋道智慧的現代化：天人同構與自性本空的開展((The modernization of Confucianism, Buddhism and Taoism: Unfolding the congenetic Heaven/men and the emptiness of self-nature)。 *Journal of Indigenous Counseling Psychology(本土諮商心理學學刊)* , 14(1), xxii-xxx。
- 何幸儒、張家群、夏允中(2022)。含攝儒家修養的正心心理治療模式(Confucian-inclusive Self-cultivation: Rectifying Mind Psychotherapy)。 *Journal of Chinese Indigenous Social Science (中華本土社會科學期刊)*, 2 , 187-212。
- 陳泰璿(Chen, T.-S.)、張蘭石(Chang, L.-S.)、張峻嘉(Chang, C.-C.)、夏允中(Shiah, Y.-J.)* (2022)。文化系統的主體辯證的兩大貢獻與三大問題：自性的有無？無自性修養內容是什麼？如何進行理論建構與臨床實用？(Two major contributions and three essential questions for the dialect for the subjectivity of cultural System: Is there a self-nature or not (nonsself)? What is the self-cultivation? How do we develop the related theories and clinical application?)。 *Journal of Chinese Indigenous Social Science (中華本土社會科學期刊)*, 1(1), 28-63。
- 簡瑩儀(Jian, Y.-Y.)、蔡俞鈞(Tsai, Y.-C.)、夏允中(Shiah, Y.-J.)* (2022)。佛法智慧中的不執著在悲傷心理治療歷程的應用(Non-attachment of Buddhist Wisdom in Grief Psychotherapeutic Process)。 *Journal of Indigenous Counseling Psychology(本土諮商心理學學刊)* , 12(4) , 54-74。
- 簡秀真(Chien, H.-C.)、王慧婕(Wang, H.-C.)、夏允中(Shiah, Y.-J.)* (2021)。不執著在心理治療的應用：善的心所與增強善的心所(Non-attachment in psychotherapy: Reducing delusional selves and enhancing good selves)。 *Journal of Indigenous Counseling Psychology(本土諮商心理學學刊)* , 12(4) , 54-74。
- 李秀如(Lee, H.-J.)、許玫茵(Hsu, M.-I.)、夏允中(Shiah, Y.-J.)* (2021)。接受與承諾療法中心理接受與心理治療步驟再修正：回到原來的面目(Revised Acceptance and

- Commitment Therapy: Towards the original self) 。 *Journal of Indigenous Counseling Psychology*(*本土諮商心理學學刊*) 12(4) , 28-53 。
- 夏允中(Shiah, Y.-J.) (2021) 。「華人本土心理學」的可能與文化系統觀的多重哲學典範：儒釋道的現代化、靈性、正念與平等研究的開展(The possibilities for the Chinese indigenous psychology and the cultural system approach with the multiple philosophical paradigms: The modernization of Confucianism, Buddhism and Taoism and the future research directions for spirituality, mindfulness and equanimity) 。 *Journal of Indigenous Counseling Psychology*(*本土諮商心理學學刊*) , 12(3) , xv-xxxvi 。
- 夏允中(Shiah, Y.-J.) (2020) 。本土化學術研究與發表的最大障礙：邏輯實證論的禍害與解決之道(The major obstacle for the indigenized social sciences academic research publications and prospects: Problems for logical positivism and its solution) 。 *Journal of Indigenous Counseling Psychology*(*本土諮商心理學學刊*) , 11(1) , xii-xxxi 。
- 夏允中(Shiah, Y.-J.) (2020) 。以佛法智慧為基礎的心理治療理論發展：從自我到無我體驗的修養與自性覺醒心理治療理論(The development of Buddhist wisdom psychotherapy approach: Form cultivating the self to the nonself and Self-enlightenment Psychotherapy) 。 *Journal of Indigenous Counseling Psychology*(*本土諮商心理學學刊*) , 11(1) , 1-8 。
- 夏允中(Shiah, Y.-J.) (2020) 。自性覺醒心理治療理論與心理治療歷程：自我到無我體驗的心理修養療癒取向(Self-Enlightenment Psychotherapy and its psychotherapeutic process: From cultivating the self to the nonself therapeutic approach) 。 *Journal of Indigenous Counseling Psychology*(*本土諮商心理學學刊*) , 11(1) , 33-77 。
- 陳佳伶(Chen, C.-L.)、劉家魁(Liu, C.-K.)、夏允中(Shiah, Y.-J.)* (2020) 。慈悲心應用於情緒困擾的心理治療歷程：七因果與自他相換法的應用(Compassion applied in emotional disturbance and its psychotherapeutic process: The application of seven dependent originations (causality) compassion and tonglen compassion) 。 *Counseling and guidance* (*諮商與輔導*) , 412 , 35-38 。
- 林之丞(Lin, C.-C.)、夏允中(Shiah, Y.-J.)* (2019) 。從華人三教文化重新思考正念：靜覺的修養模式(Rethinking mindfulness from the perspective of Chinese three teachings: A Tranquil-Enlightenment Cultivation Model) 。 *Indigenous Psychological Research in Chinese* (*本土心理學研究*) , 52 , 69-114 。 doi: 10.6254/IPRCS.201912_(52).0002. (TSSCI)
- 張峻嘉(Chang, C.-C.)、陳泰璿(Chen, T.-S.)、夏允中(Shiah, Y.-J.)、張蘭石(Chang, L.-S.) (2019)：回復陳復質疑夏氏團隊“自性”之意涵與“無自性”之說：世俗與勝義自性(A reply to Fu Chen's question of the definition of the self-nature: Conventional truth and ultimate truth) 。 *Indigenous Psychological Research in Chinese* (*本土心理學研究*) , 51 , 319-321 。 (TSSCI)
- 陳靜誼(Chen, C.-Y.)、張家群(Chang, C.-C.)、夏允中(Shiah, Y.-J.)* (2019) 。反求諸己及其應用於心理治療(Self exertion and its application in psychotherapy) 。 *Counseling and guidance* (*諮商與輔導*) , 407 , 21-24 & 61 。

- 蕭彥岑、陳妙華、夏允中(Shiah, Y.-J.)* (2019)。「斷捨離」與正念相應之處及其應用於輔導實務。 *Counseling and guidance (諮商與輔導)*, 401, 45-48。
- 王智弘(Wang, C.-H.)、夏允中(Shiah, Y.-J.)、張蘭石(Chang, L.-S.)、陳復(Chen, F)、黃光國(Hwang, K.-K.) (2019)。總結五四，再創未來：華人本土社會科學宣言 (Summarizing the May Fourth Movement and Reshaping the Future: A Declaration of Chinese Indigenous Social Science)。 *Legein Monthly(鵝湖月刊)*, 527, 5-8。(A & HCI)
- 徐進(Jin Xu)、林俊德(Jiun-De Lin)、張靈聰(Ling-Cong Zhang)、夏允中(Shiah, Y.-J.)* (2019)。建構以易經為基礎的內在朝向式多層立體自我曼陀羅模型：天人合一理論 (Multilayer-Stereo Mandala Model of Self Based on the Book of Changes: The Unity of Self and Heaven Theory)。 *Indigenous Psychological Research in Chinese (本土心理學研究)*, 51, 277-318. doi: 10.6254/IPRCS.201906_(51).0006 (TSSCI)
- 劉淑慧(Liu, S.-H.)*、夏允中(Shiah, Y.-J.)、王智弘 (Wang, C.-H.)、孫頌賢(Sun, S.-H.) (2019)。自我及其在生活世界中的運作：從存在現象學處境結構觀之 (Self and how it operates in a life world: An existential phenomenological view)。 *Chinese Journal of Guidance and Counseling (中華輔導與諮商學報)*, 55, 1-25. (TSSCI)
- 夏允中(Shiah, Y.-J.)*、黃光國(Hwang, K.-K.) (2019)。開啟以儒釋道文化的本土修養諮商心理學理論與實徵研究：邁向自性覺醒的心理療癒 (Developing self-cultivation counseling psychology theories and empirical studies based on the Chinese cultural traditions of Confucianism, Buddhism and Taoism: Towards self-enlightenment psychotherapy)。 *Chinese Journal of Guidance and Counseling (中華輔導與諮商學報)*, 54, 1-20. (TSSCI)
- 鍾文佳(Cung, W.-C.)、郭怡芬(Kuo, Y.-F.)、夏允中(Shiah, Y.-J.)* (2019)。建構儒釋道喪禮儀式的悲傷療癒歷程模式(The Grief Healing Model of the Funeral Rituals based on Confucianism, Taoism and Buddhism)。 *Chinese Journal of Guidance and Counseling (中華輔導與諮商學報)*, 54, 59-90. (TSSCI)
- 孫頌賢*(Sun, S.-H.)、劉淑慧(Liu, S.-H.)、王智弘(Wang, C.-H.)、夏允中(Yung-Jong Shiah) (2018)。證據導向實踐的諮商專業發展 (Counseling professional development of evidence-based practice)。 *Chinese Journal of Guidance and Counseling (中華輔導與諮商學報)*, 52, 1-18。(TSSCI)
- 夏允中(Shiah, Y.-J.) (2018)。本土社會科學的發展與通識教育：建構以儒釋道文化為基礎的本土通識教育(Indigenized social sciences development and general education: Construction of the cultures of Confucianism, Buddhism and Taoism as the basis for indigenized general education.)。 *General Education on Line(通識在線)*, 78, 25-27。
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- 夏允中(Shiah, Y.-J.)*、劉淑慧(Liu, S.-H.)、王智弘(Wang, C.-H.)、孫頌賢(Sun, S.-H.)

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- 王智弘*(Wang, C.-H.)、劉淑慧(Liu, S.-H.)、孫頌賢(Sun, S.-H.)、夏允中(Shiah, Y.-J.) (2017)。文化脈絡中的危機、轉機、與復原力：本土諮商心理學研究的方向、目標與策略 (Crisis, chance, resilience and culture context: Probing into the direction, goal and strategy of indigenous counseling psychology). *Chinese Journal of Guidance and Counseling* (中華輔導與諮商學報), 50, 1-28。 (TSSCI)
- 劉淑慧*(Liu, S.-H.)、孫頌賢(Sun, S.-H.)、夏允中(Shiah, Y.-J.)、王智弘(Wang, C.-H.) (2017)。後現代思維與第二波正向心理學在諮商的應用 (Application of postmodernism and the second wave of positive psychology in counseling). *Chinese Journal of Guidance and Counseling* (中華輔導與諮商學報), 49, 1-15。 (TSSCI)
- 劉淑慧*(Liu, S.-H.)、王智弘(Wang, C.-H.)、夏允中(Shiah, Y.-J.)、孫頌賢(Sun, S.-H.) (2017)。主編的話－期待兩種心理學之中道發展(The editorial: Expecting a middle way for West and Chinese psychologies). *Chinese Journal of Guidance and Counseling* (中華輔導與諮商學報), 48, 1-3。 (TSSCI)
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- Hwang, H.-L., Hwang, K.-K. & Shiah, Y.-J.* (2014). No-self and ultimate wholeness: The Mandala Model of Self, the psychological adjustment process of Fang-Hsia and its implication in psychotherapy (無我與圓滿：曼陀羅自我模型與「放下」的心理運作歷程與在心理治療上的應用)。 *Taiwan Counseling Quarterly*, 6(3), 33-48.
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- the death terror from the Buddhist perspective (以佛教的死亡本質及生命無常觀點來探討死亡恐懼). *Indigenous Psychological Research in Chinese (本土心理學研究)*, **38**, 167-189.(TSSCI)
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- Shiah, Y.-J.*, Hwang, K.-K., Shieh, B.-L., Chuang, S.-F. & Liao, L.-Y*. (2012). Life and death: Scarcity linking to enhanced meaning of life. *The Journal of Kaohsiung Behavior Sciences (高雄行為科學學刊)*, **3**, 143-157.
- Shiah, Y.-J.*, & Chang, F. (2009). Possible factors affecting or relating to Psi and Psi's difficulty. *The Journal of Kaohsiung Behavior Sciences (高雄行為科學學刊)*, **1**(1), 1-24. (in English)
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- Pan, J.-D.*, & Shiah, Y.-J. (1998). A study on group effects, the verbal interaction, and the related factors of volunteer human relation group: A case of Tao Yuen family education service center, *Journal of Chinese Mental Health*, **11**(4), 29-79. (TSSCI)
- Shiah, Y.-J.* (1998). The introduction of counseling theories and therapy, *Newsletter for Research of Applied Ethics*, **7**, 10-13.
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- Chang, S.-H.*, Shiah, Y.-J. & Chen, C.-C. (1996). The survey of teacher's opinion towards instruction of professional ethics in Chung Yuan Christian University, *Journal of General Education*, **3**(2), 57-67.

Books/Test

- Shiah, Y.-J.(2022) From self to self nature: Buddhist Self-Enlightenment Theory.

- Cross-currents of social theorizing of contemporary Taiwan: Self, culture and society* (ISBN: 9789811910517). Singapore: Springer Verlag. Jul, 2022.
- Shiah, Y.-J. (2021). *Foundations of Chinese psychotherapies: Towards self-enlightenment*. Springer International Publishing. (ISBN : 9783030614034)
- 夏允中(Shiah, Y-J)、張峻嘉(Chang, C.-C.) (2018) 。以濂溪學說談朝向建構華人自主的修養心理學理論：儒家自主與修養曼陀羅自我模型(From the Lian-Xi school towards to construct Chinese autonomous social science of self-cultivation psychology: Confucian self and self-cultivation Mandala Model of Self.) 。載於張京華（編），周敦頤研究：周敦頤誕辰1000周年慶典國際學術研討會論文集（頁262-280）。北京：中國社會科學。（In Z.-H. Chang (Ed.), *The research of Zhou Dun-Yi: The Zhou Dun-Yi's 1000 anniversary conference proceeding* (pp. 262–280). Beijing, China: China Social Sciences Press) (ISBN: 9787520330176)
- Shiah, Y.-J., Hwang, K.-K., & Yit, K.-T., (eds.). (2017). *Eastern Philosophies and Psychology: Towards Psychology of Self-Cultivation*. Lausanne, Swiss: Frontiers Media. doi: 10.3389/978-2-88945-334-4 (ISBN: 9782889453344)
- Tam, W. -C. C., Chang, S. -H., Shiah, Y. -J., & Chiang, S. -K. (2006). *Borderline Personality Inventory* (邊緣型人格特質測驗). Taipei: Psychological Publishing Co., Ltd (心理出版社).

PROFESSIONAL MEMBERSHIPS

Asia-Pacific Network for Moral Education
 Parapsychology Association
 Chinese Indigenous Social Science Association (President: 2022-Present)
 Chinese Association of Electromagnetism in Life Science (President: 2023-Present)
 Taiwan Cognition Neuroscience Association
 Taiwan Counseling Association
 Taiwan Guidance and Counseling Association
 Taiwan Psychology Association

GRANTS

- 2024-2026 “Promoting indigenous social research and activities”. A research grant application (NT 3,710,000) received from C SUN corporation , Taiwan.
- 2024-2025 “Postdoctoral Research Fellow Project”. A research grant application (NT 987,186) received from National Science Council, Taiwan.
- 2024-2025 “The adjusting process among cleft lip and palate patients.” A research grant application (NT 1,000,000) received from Noordhoff Craniofacial Foundation, Taiwan.
- 2024-2025 “Mindfulness and sport psychology.” A research grant application (NT 380,000) received from Ministry of Education, Taiwan.
- 2023-2025 “Initiating scientific revolution against WEIRD psychology by the reinterpretation of Song-Ming neo-Confucianism.” A research grant application (NT 2,900,000) received from National Science Council, Taiwan.
- 2023-2024 “Research center of Taiwanology” A grant (NT 1,000,000) received from Taiwan Supermodern Citizen Action Alliance, Taiwan.
- 2023-2024 “Investigating biochemical mechanisms underlying mind-matter interactions:

- Effect of intention on human cervical cancer cells properties via cryptochrome.” A research grant application (€56,000) received from Bial Foundation, Portugal. (main researcher, 1 co-applicant)
- 2022.5-11 Short-term (7 months) Visiting Program. “The development of a novel consciousness theory” and included a consultation with Professor. Brian Josephson, a professor at Cavendish Laboratory of University of Cambridge, a Nobel laureate in physics. A research grant application (NT 570,520) received from Ministry of Science and Technology, Taiwan. (科技部補助科學與技術人員國外短期研究，研究題目：創新意識理論的建構)
- 2020.7-12 高雄地方檢察署緩起訴毒品被告社會復健治療與義務勞務之多元處遇研究 研究計畫(main researcher) A research grant application (NT 300,000) received from the Kaohsiung District Prosecutors Office, Taiwan.
- 2020-2022 “Resilience to disasters in the disaster communities: To construct and practice middle elderly's mental health working model based on aborigines' health beliefs for cross-national research and practice of psychological disaster prevention and recovery model (III). (災難社區心理耐災能力建立：以原住民族健康信念建構與實踐可行中高齡者 心理健康工作模式來做為心理防災與復原模式的跨國研究與實務(III))” A research grant application (NT 1,050,000) received from Ministry of Science and Technology, Taiwan. (main researcher, 1 co-applicant)
- 2019-2020 “Resilience to disasters in the disaster communities: To construct and practice middle elderly's mental health working model based on aborigines' health beliefs for cross-national research and practice of psychological disaster prevention and recovery model (II). (災難社區心理耐災能力建立：以原住民族健康信念建構與實踐可行中高齡者心理健康工作模式來做為心理防災與復原模式的跨國研究與實務(II))” A research grant application (NT 735,000) received from Ministry of Science and Technology, Taiwan. (main researcher, 1 co-applicant)
- 2019-2022 “Investigating biochemical mechanisms underlying mind-matter interactions: Effect of intention on human stem cell properties via cryptochrome.” A research grant application (€48,000) received from Bial Foundation, Portugal. (main researcher, 2 co-applicants)
- 2018-2019 “Resilience to disasters in the disaster communities: To construct and practice middle elderly's mental health working model based on aborigines' health beliefs for cross-national research and practice of psychological disaster prevention and recovery model (I). (災難社區心理耐災能力建立：以原住民族健康信念建構與實踐可行中高齡者心理健康工作模式來做為心理防災與復原模式的跨國研究與實務(I))” A research grant application (NT 855,000) received from Ministry of Science and Technology, Taiwan. (main researcher, 2 co-applicants)
- 2018-2019 “The construction of indigenous social science theory for multidisciplinary research group (跨領域本土社會科學研究社群)” A research team study grant (學術研究群計畫) application (NT 190,000) received from Ministry of Science and Technology, Taiwan.
- 2016-2017 “Towards independent social science: A development of Nonself Theory and its empirical studies.” A research grant application (NT 503,000) received from Ministry of Science and Technology, Taiwan. (main researcher, 1 co-applicant)
- 2016-2017 “The construction of indigenous social science theory based on Confucian,

- Buddhism and Taoism for multidisciplinary research group (跨領域本土社會科學研究社群：以儒釋道文化遺產來建構本土社會科學理論)” A research team study grant (學術研究群計畫) application (NT 300,000) received from Ministry of Science and Technology, Taiwan.
- 2016 The summer project of visiting scholar in Social Science Research Center of National Science Council. (NT 55,000) received from Ministry of Science and Technology, Taiwan. (科技部人文社會中心暑期訪問計畫)
- 2015-2018 “Towards ultimate wholeness: Mandala model of self, unconditional loving-kindness/compassion, mental health in workplaces and work performance.” A research grant application (NT 1,557,500) received from Ministry of Science and Technology, Taiwan. (main researcher, 1 co-applicant)
- 2015-2016 “Taiwan’s development under global societies: Paradigms and challenge (Multidisciplinary research organizing plan)” A research grant application (NT 150,000) received from Ministry of Science and Technology, Taiwan. (1 co-applicants)
- 2015 “Cryptochrome (CRY) and intention”. A research grant application (€28,470) received from Bial Foundation, Portugal. (main researcher, 2 co-applicants)
- 2015 Short-term (3 months) Visiting Program. This project titled “Revised Terror Management Theory: From Self to Nonself based on the Buddhist Perspective” and included a consultation with Professor. Jeff Greenberg, a professor at Psychology Department of Arizona State University, one of the major founders of the Terror Management Theory. A research grant application (NT 279,500) received from Ministry of Science and Technology, Taiwan. (科技部補助科學與技術人員國外短期研究，研究題目：修正恐懼管理理論：以佛教的觀點來看從自我到無我)
- 2015-2016 “The construction of indigenous social science theory for multidisciplinary research group(跨領域本土社會科學理論建構精進研究社群)” A research team study grant (學術研究群計畫) application (NT 190,000) received from National Science Council, Taiwan.
- 2014 “Culture-inclusive Theory and Implication of Positive Psychology: Conscience and the Theory of Mandala Model of Self.” A research grant application (NT 881,000) received from Ministry of Science and Technology, Taiwan. (main researcher, 1 co-applicants)
- 2014 Short-term Visiting Program for Domestic Scholars. This project included a consultation with Dr. K. -Y. Yeh (葉光輝), a professor at Institute of Ethnology of the Academia Sinica, Taiwan. A research grant application (NT 86,000) received from Academia Sinica, Taiwan. (中央研究院短期來院訪問研究)
- 2014 “The construction of indigenous social science theory (本土社會科學理論建構)” A research team study grant (學術研究群計畫) application (NT 442,224) received from National Science Council, Taiwan.
- 2013 “The development of Chinese correction therapy on drug addiction”(建構本土戒治模式). A research grant application (NT 300,000) received from Kaohsiung Drug Abuser Treatment Center (高雄戒治所), Agency of Corrections of Ministry of Justice, Taiwan. (main researcher, 4 co-applicants)

- 2013 “The development of LED lighting health system in hospice care wards” A Small Business Innovation Research (SBIR) grant application (NT 780,000) received from Economic Development Bureau of Kaohsiung City Government, Taiwan. (main researcher, 2 co-applicants) (高雄市政府經濟發展局地方型小型企業創新研發計畫 (經濟部提供經費))
- 2013 “A Test of Confucian Social Relations Theory: Relations, Fan-Qiu-Zhu-Ji, meaning of life and life scarcity” A research grant application (NT 745,000) received from the National Science Council, Taiwan. (main researcher, 1 co-applicant)
- 2012 Short-term Visiting Program for Domestic Scholars. This project included a consultation with Dr. K. -Y. Yeh (葉光輝), a professor at Institute of Ethnology of the Academia Sinica, Taiwan. A research grant application (NT 86,000) received from the Academia Sinica, Taiwan. (中央研究院短期來院訪問研究)
- 2012 “The impact of religiosity/beliefs, family support and health on residence of sixth naphtha neighborhood-2” A research grant application (NT 200,000) received from The Environmental Bureau of Yunlin county (雲林縣環保局), Taiwan. (main researcher)
- 2012 “The development of Fan-Qiu-Zhu-Ji Scale and the construction of world assumptions in the Confucian society (2)” A research grant application (NT 531,000) received from National Science Council, Taiwan. (main researcher, 1 co-applicant)
- 2011 T “The development of Chinese correction therapy on drug addiction” (建構本土戒治模式) A research grant application (NT 300,000) received from Kaohsiung Drug Abuser Treatment Center (高雄戒治所), Agency of Corrections of Ministry of Justice, Taiwan. (main researcher, 4 co-applicants)
- 2011 “System integration design and testing of functional audio-video room for stress relaxation” A research grant application (NT 785,000) received from National Science Council, Taiwan. (co-researcher, 2 co-applicant2)
- 2011 “Mind regeneration: EQ Training System” A research grant application (NT 696,000) received from National Science Council, Taiwan. (co-researcher, 3 co-applicants)
- 2011 The undergraduate project of “The pain analgesia in Zen meditation – examined by EEG “ A research grant application (NT 47,000) received from National Science Council, Taiwan. (Supervising one undergraduate student at the School of Medicine) (國科會大專生專題研究：醫學系學生)
- 2011 The undergraduate project of “The placebo effects on the anxiety“ A research grant application (NT 47,000) received from the National Science Council, Taiwan. (Supervising one undergraduate student at the Psychology Department) (國科會大專生專題研究：心理學系學生)
- 2011 “The development of Fan-Qiu-Zhu-Ji Scale and the construction of world assumptions in the Confucian society (1).” A research grant application (NT 531,000) received from National Science Council, Taiwan. (main researcher, 2 co-applicants)
- 201 “Effects of intentionally enhanced tea on mood”. A research grant application (€15,000) received from Bial Foundation, Portugal. (main researcher, 2 co-applicants)
- 2011 “The psychological characteristics of betel quid chewing”. A research grant application (NT 370,000) received from Center of Excellence for Environmental Medicine of the Kaohsiung Medical University Research (高雄醫學大學環境醫學頂尖研究

- 中心), Taiwan. (main researcher)
- 2011 “The effects of meditation and alpha/theta neurofeedback on drug addiction”. A research grant application (NT 53,500) received from Kaohsiung Drug Abuser Treatment Center (高雄戒治所), Agency of Corrections of Ministry of Justice, Taiwan. (main researcher)
- 2010 “The impact of religiosity/beliefs, family support and health on residence of sixth naphtha neighborhood” A research grant application (NT 300,000) received from Environmental Bureau of Yunlin county (雲林縣環保局), Taiwan. (main researcher)
- 2010 The summer project of young scholar advanced learning in Social Science Research Center of National Science Council. This project included a consultation with Dr. K. -K. Huang(黃光國), a professor at Psychology Department of National Taiwan University. A research grant application (NT 80,000) received from National Science Council, Taiwan. (國科會年輕學者諮詢與中研院暑期進修計畫)
- 2010 “An exploration of the relationships among religiosity, anxiety and subjective well-being” A research grant application (NT 200,000) received from Kaohsiung Medical University Research Foundation (KMU-Q099033), Taiwan. (main researcher)
- 2010 “The education of science and counseling for the survivors of Morakot typhoon” A research grant application (NT 300,000) received from National Science Council, Taiwan. (co-researcher, 2 co-applicants)
- 2010 The research of design of an evaluation system for body and mind relaxation state and it's application on survey of relaxation methods (3). A research grant application (NT 1,500,000) received from National Science Council, Taiwan. (co-researcher, 3 co-applicants)
- 2009 The project of establishing a Chinese beliefs model with a consultation from Dr. K. -K. Huang (黃光國), a professor at Psychology Department of National Taiwan University. A research grant application (NT 58,000) received from National Science Council, Taiwan. (國科會年輕學者諮詢)
- 2009 The short-term scholar visiting project (Inviting Dr. Anne Richards) (NT 86,000) received from National Science Council, Taiwan
- 2009 The collaborative teaching project (Inviting Professor Chris French and Dr. Anne Richards) (NT 130,000) received from Kaohsiung Medical University, Taiwan
- 2009 British-Taiwanese joint projects between the British Academy and National Science Council, Taiwan (NT 450,000).(國科會台英交流研究案) The research is entitled “ Person-Environment Fit, Psychological Health and Sleep Paralysis: A Cross-Cultural Investigation “ (main researcher, 2 co-applicants)
- 2009 “The research of design of an evaluation system for body and mind relaxation state and it's application on survey of relaxation methods (2)” A research grant application (NT 1,500,000) received from National Science Council, Taiwan. (co-researcher, 3 co-applicants)
- 2008 “The research of design of an evaluation system for body and mind relaxation state and it's application on survey of relaxation methods (1)” A research grant application (NT 1,500,000) received from National Science Council, Taiwan. (co-researcher, 3 co-applicants)

- 2008 A conference grant application (NT 50,000) received from National Science Council, Taiwan.
- 2008 “The research of towards a replication of the finger-reading effect” A research grant application (NT 500,000) received from Trend Micro Foundation (趨勢科技基金會) . (main researcher)
- 2007 “The research of investigation of the required factors of functional mentation” A research grant application (NT 1,000,000) received from Blessing and Wisdom Foundation (福智基金會) , Taiwan. (co-researcher, 2 co-applicants)
- 2007 “The research of towards a replication of finger-reading effects” A research grant application (NT 15,000) received from Chien-Kuo Technology University, Taiwan. (main researcher)
- 2006 “The research of finger-reading training: Using selected participants” A research grant application (£1,428) received from Society for Psychical Research, UK. (main researcher)
- 2006 The PhD project grant application (£840) for participant fee and travel founds to Taiwan (conducting experiments) received from Psychology Department of Edinburgh University, UK.
- 2005 The PhD project grant application (£500) for participant fee received from Koestler Parapsychology Unit, Psychology Department of Edinburgh University, UK.
- 2005 The PhD project grant application (£600) for research assistant fee received from Koestler Parapsychology Unit, Psychology Department of Edinburgh University, UK.
- 2005 The PhD project grant application (£2,282) fee received from Professor Si-Chen Lee, National Taiwan University, Taiwan.
- 2004 A conference grant application (£580) received from Psychology Department of Edinburgh University, UK.
- 2004 The research of evaluation of cutaneous acuity training techniques. A research grant application (£1,500) received from Society for Psychical Research, UK.
- 2004 A research grant application (£500) received from Chien-Kuo Technology University, Taiwan.
- 2003 The PhD project grant application (£300) for experimental material fee received from Koestler Parapsychology Unit, Psychology Department of Edinburgh University, UK.
- 2003 A conference grant application (£250) received from Psychology Department of Edinburgh University, UK.
- 2003 The research of evaluation of cutaneous acuity training techniques. A research grant application (£1,500) received from Society for Psychical Research, UK.

HONORS AND SPECIAL RECOGNITIONS

- 2014-Present Subsidies for Distinguished Scholar received from Ministry of Science and Technology, Taiwan. (科技部補助大專院校獎勵優秀人才)
- 2013 Subsidies for Distinguished Scholar received from National Kaohsiung Normal University, Taiwan. (國立高雄師範大學研究彈性薪資獎勵)
- 2013 Excellent Research Award received from National Kaohsiung Normal University,
- 2012-Present Excellent Research Award received from National Kaohsiung Normal University, Taiwan. (國立高雄師範大學研究優良獎)

- 2010 The excellent mentor in the Health Science College of Kaohsiung Medical University, Taiwan (高雄醫學大學健康科學院績優導師-心理學系最績優導師).
- 2009 Scholarly Incentive Award received from Parapsychology Foundation, USA.
- 2006 Eileen J. Garrett Scholarship for PhD received from Parapsychology Foundation, USA.
Each year has only one student to be rewarded in the world. Usually, this reward is given to the top academic student among the applicants.
- 2006 Denwyn Dobby Scholarship for PhD received from Edinburgh University, UK.
- 2005 Denwyn Dobby Scholarship for PhD received from Edinburgh University, UK.
- 2004 Scholarship for PhD received from Chien-Kuo Technology University, Taiwan.
- 2003 Scholarship for PhD received from Chien-Kuo Technology University, Taiwan.
- 1997 The Phi Tau Phi Scholastic Honor (斐陶斐協會榮譽會員), Taiwan
Each department has only one graduate student to be rewarded in graduation. Usually, this reward is given to the top academic student.
- 1996 Outstanding College Youth Awards (全國大專優秀青年), Taiwan.
Each faculty has only one graduate student to be rewarded each year. Usually, this reward is given to the student who has made the top academic and most outstanding conduct.
- 1990 Outstanding Conduct Awards, Taiwan.
The Changhua high school has only one student to be rewarded in graduation. Usually, this reward is given to the student who was selected as the most outstanding conduct.